

Physical and Sensory

PE

Fitness for Life and Mobility through Aerobic activities and Outdoor Play

Using off-site walks to develop aerobic fitness and mobility through play.

Therapies

Hydrotherapy - is used as a therapeutic input to help students with reducing their anxieties, stress and it gives them an opportunity to work and stretch their muscles.

Sensory Art:

Art will be based on the summer topic which is Animals and habitats and People who help us. They will be creating artwork to go with the sensory stories which they will be focusing on. Students will also create Art work and decorations for summer, other religious holiday and fathers day.

Communication and Interaction

Employing a 'Total Communication' approach within their daily learning. Active learning based on individual communication targets. **'Social Use of Language Programme'** to encourage students to follow simple instructions, Making simple requests and relaying information.

Attention Autism The sessions aim to develop natural and spontaneous communication through visually based and highly motivating activities. The main goal is to make learning fun and engaging, offering students an irresistible invitation to learn and communicate with confidence.

Sensory stories

Students will work on developing their attention and listening skills, which are essential foundations for speech, language, and communication development. They will focus on improving both receptive and expressive language skills to build confidence and become more effective communicators. A combination of speech, signing, and communication aids will be used to support their learning. Students will also work closely with the SALT team to achieve their individual communication targets.

Social and Emotional

PSHE -

This term, the children will focus on personal hygiene, safety, and maintaining their health, aligned with their current learning objectives. They will explore each topic in detail and apply practical skills such as hand washing, tooth brushing, hair washing, maintaining personal and clothing cleanliness, and understanding germs.

Later in the term, the curriculum will cover body awareness, personal and private space, and the concept of consent.

Instruction will be delivered through a combination of presentations, sensory stories, and practical activities, tailored to our bespoke curriculum and the individual learning engagement of each child.

Cognition and Learning

Maths - Individualized learning activities

Colours:

Children are introduced to colours through activities that encourage exploration, recognition, and naming of primary and secondary colours. They develop their understanding by mixing colours, observing changes, and applying this knowledge creatively in art, sorting, and everyday experiences.

Money:

This has been guiding students the experience exchanging a range of different coins in exchange for priced items for when they go shopping.

Phonics:

Students participate in weekly phonics sessions using the Twinkl phonics scheme. There are activities tailored to the individual needs of the students. Activities are focused on recognising the grapheme and phoneme, we use engaging activities with attention autism based activities in phonics and students also work on their communication in these lessons.

Reading - Sensory story sessions:

Rumble in the jungle: A sensory story with a exploring the jungle and the different animals and their habitats. Students will be able to complete work with the animal and habitat theme.

Air balloon ride: A sensory story with exploring the different habitats around the world. Students will be able to complete work with the animal and habitat theme.

3CH Spring Term 2026

Summer 1: Animal and habitats

Summer 2: People that help us

Life skills

Personal Hygiene and grooming:

Students will learn how to wash themselves appropriately and understand the importance of keeping clean. Students will also develop their cleaning skills by practicing good hygiene, such as washing their hands regularly, and taking responsibility for cleaning the areas around them when they make a mess. Through these activities, they will build independence and confidence in their personal care routines.

Emotions:

Students will learn about their emotions through the use of sensory stories and in register. They will work on recognising and managing their emotions, exploring different feelings and how to express them in appropriate ways. Students will be using Aided Language boards in register to tell staff how they are feeling. Students can also use the zones of regulation to tell staff how they are feeling throughout the day.

QUEST/Community visits

Students will explore a range of local environments through weekly visits into the community. Through these experiences, they will develop social interaction and independence skills, such as eating snacks independently and managing their coats and bags.

They will learn to engage appropriately with both familiar and unfamiliar people and places, and to walk safely alongside an adult, either by holding hands or using supportive equipment. Students will also develop an understanding of road safety, appropriate behaviours in busy environments, and awareness of others around them. In addition, they will build confidence using different forms of transport, including the school minibus, public buses, and trains, while accessing a variety of leisure activities within the community.

The various places they will visit:

- Parks
- Garden centres
- National Trusts
- Cafes