

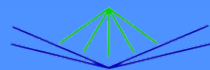
MANOR GREEN COLLEGE

Parent / Carer Offer Programme 2025



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What is it?

Manor Green College values the parents and carers of our students.

We understand that parenting can be challenging, especially when supporting a child with special educational needs and/or disabilities. There is no guidebook, and every family's journey is different. That's why the support offered through our Parent Offer Programme is confidential and non-judgmental.

We recognise that the most effective support is multidisciplinary and tailored to the unique needs of each student and their family. Our categorised approach is designed to deliver this personalised support.

With our in-depth understanding of the experiences of SEND students and their families, we are now expanding our offer to support other children, young people, and families in the local community.

What does the programme consist of?

Category 1

Led by Thought-Full, Mental Health Support Team in Schools (MHST) service

Category 2

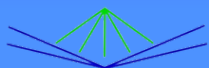
Delivered by MGC staff and associates on specific topics

Category 3

Coffee mornings with a focus – led by MGC staff and/or external professionals

Category 4

Targeted support from MGC Pastoral Team

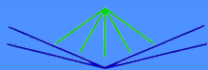


Category 1: External Professionals

This support is delivered by Thought-Full, the Mental Health Support Team in Schools (MHST) service for West Sussex. The team of professionals uses evidence-based research to help you understand and support your child's mental health.

Like Manor Green College, they follow a whole-school approach to mental health and emotional wellbeing, and their service has been designed to support schools using this approach.

The session will be delivered in a workshop format, combining information, practical strategies, and top tips, as well as providing an opportunity for discussion.



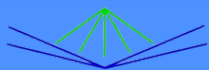
Category 1: External Professionals

Dates for the diary:

- **Wednesday 1st October**, Launch Introduction to Thought-Full session for parents – **online PowerPoint**

For sessions at Manor Green College, please arrive from 9.30am – tea/coffee and biscuits will be served.

- **Wednesday 8th October**, 10.00–11.00am – Sleep Workshop
- **Wednesday 26th November**, 10.00–11.00am – Emotion Coaching
- **Wednesday 14th January**, 10.00–11.00am – Low Mood
- **Wednesday 18th March**, 10.00–11.00am – Resilience
- **Wednesday 13th May**, 10.00–11.00am & 4.30–5.30am – Anxiety

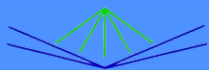


Category 2: Internal Professionals

This support is delivered by internal professionals and external associates.

These supportive sessions are designed to provide parents and carers with additional knowledge on specific topics, as well as an opportunity to share the College's approach, intentions, and priorities with you. This category has been developed in response to feedback from the Parent Survey, to support you with the topics you identified as important.

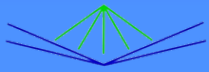
Staff at Manor Green College have also contributed their suggestions, which have been included in the programme.



Category 2: Internal Professionals

Dates for the diary:

- **Tuesday 7th October**, 10.00–11.00am – Phonics workshop for parents/carers
- **Wednesday 22nd October**, 9.30–10.30am – Sensory Dietary Support for parents/carers
- **Tuesday 25th November**, 10.00–11.00am – Positive Behaviour Management workshop for parents/carers
- **Tuesday 13th January**, 10.00–11.00am – Introduction to Makaton for parents/carers
- **Tuesday 10th February**, 9.30–10.30am – E-safety workshop for parents/carers
- **Wednesday 11th March**, 3.30–4.30pm – Introduction to Makaton for parents/carers (Repeated session)
- **Tuesday 24th March**, 10.00–11.30am – ‘Let’s get personal’, general hygiene, menstruation support, How to talk to your child about sex?, RSE for parents/carers
- **Tuesday 16th June**, 10.00–11.00am – Preparing for school holidays for parents/carers

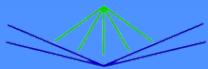


Category 3: Coffee Mornings

This support will involve a combination of internal and external professionals and providers.

This part of the offer will include both formal and informal elements, consisting of a short presentation with a Q&A session, followed by an opportunity for parents and carers to socialise. We understand how important it is for parents and carers to have time to speak with others in similar situations and to support one another.

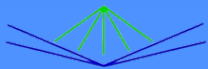
This year, we are excited to be hosting a couple of off-site coffee mornings in partnership with Elie's Play Café.



Category 3: Coffee Mornings

Dates for the diary:

- **Tuesday 14th October**, 10.00–11.00am – Meet and Greet, Elie's Cafe, Bewbush
- **Tuesday 18th November**, 10.00am–11.30am – Post MGC Pathways, Re:Sight Talk, Manor Green College
- **Tuesday 27th January**, 10.00–11.30am – Paperwork support, Manor Green College
- **Wednesday 11th February**, 11.00am–12.00pm – FE Pathway and Next Steps Support, Manor Green College
- **Thursday 19th March**, 10.00am–11.30am – All about Social Care, Partnership and Support, Manor Green College
- **Tuesday 19th May**, 10.00–11.30am – Open Forum, Elie's Cafe, Bewbush



Category 4: Targeted Support

This support will be by invitation only.

The Targeted Support category of the Parent Offer Programme has been designed to support specific students and their families. This support will be allocated in collaboration with the Pastoral Support Team and will be additional to any support students are already receiving from them.

Types of support that may be offered include:

- Physical activity and play
- Cooking
- Reading
- Arts & crafts
- Performing arts / drama



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Contact Details

If you have any specific questions in regard to the programme, please contact:

Mrs Laura Keaney, Assistant Headteacher
lkeaney@mgcollege.co.uk

Mr Grahame Beattie, Assistant Headteacher
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Or phone the College on 01293520351.



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Manor Green College Vision

