## **MANOR GREEN COLLEGE**

# Opportunity & Success for All

## Parent / Carer Offer Programme





## What is it?

Manor Green College values the parents/carers of our students.

We understand that parenting comes with all sorts of challenges, with no guide book to follow. This becomes more complicated when supporting a child with a special educational need and/or disability. The support provided from the the Parent Offer Programme is non-judgmental and confidential.

We know that the most effective support requires a multidisciplinary approach that is bespoke to the needs of the student and their family.

Our categorised approach aims to achieve this.

## What does the programme consist of?

### **Category 1**

Led by external professionals

### **Category 2**

Delivered by MGC staff about specific topics

## **Category 3**

Coffee mornings with a focus - led by MGC staff and/or external professionals

#### **Category 4**

Targeted support from MGC Pastoral Team



## Category 1: External Professionals

This support is delivered by external professionals.

The predominant service we will use next year is Thought-Full Services. Thought-Full, are part of the West Sussex Mental Health Support Team in schools service.

They too have a whole school approach to mental health and emotional wellbeing and have been curated to support schools with their offer. We also collaborate with Crawley Wellbeing.

#### Dates for the diary:

- Thursday 19th September, 9.30-10.30am Introduction session for parents, all about Thought-Full Services
- Monday 30th September, 9.30am-4.00pm, individual 35 minute appointment - Crawley Wellbeing Support (Link sent separately)
- Thursday 10th October, 9.30-10.30am Sleep Workshop
- Wednesday 13th November, 9.30-10.30am Emotion Coaching
- Tuesday 14th January, 9.30-10.30am Low Mood
- Tuesday 18th March, 9.30-10.30am Resilience
- Thursday 8th May, 9.30-10.30am Anxiety



## Category 2: Internal Professionals

This support is delivered by internal professionals.

These supportive sessions are designed to provide parents and carers with additional knowledge of specific topics/subjects and an opportunity to share with you what the College approach and intentions are. This category has been designed with the Parent Survey 2023 responses to support you with the topics you want.

#### Dates for the diary:

- Tuesday 1st October, 9.30-10.30am Sensory Dietary Support for parents/carers
- Tuesday 15th October, 9.30-10.30am Phonics workshop for parents/carers
- Thursday 27th November, 9.30-10.30am Positive
  Behaviour Management workshop for parents/carers
- Friday 31st January, 9.30-10.30am 'Let's get personal', general hygiene, menstruation support, RSE for parents/carers
- Tuesday 11th February, 9.30-10.30am E-safety workshop for parents/carers



## Category 3: Coffee Mornings

This support will be a combination of internal and external professionals.

This part of the offer will have both a formal and informal aspects to it consisting of a short presentation with Q&A and then an opportunity for parents/carers to socialise. We understand how important it it for parents/carers to have that time to speak with others in a similar position to themselves and support one another.

#### Dates for the diary:

- Tuesday 10th September, 4-5pm Meet the Team
- Thursday 21st November, 10.30am-12pm Paperwork support
- Tuesday 4th February, 10.30am-12pm Partnership & Referral/Pathway and Next Steps Support
- Thursday 13th March, 10.30am-12pm All about Social Care
- Tuesday 22nd April, 10.30-12pm Parent Choice (agreed at previous meetings/Parent Survey responses)



## Category 4: Targeted Support

This support will be by invitation only.

The targeted support category of the Parent Offer Programme will start in the new year (2025) and will be designed to support specific students and their families. The targeted support will be allocated in conjunction with the Pastoral Support Team and would be additional to any support students already access with the Pastoral Support Team.

Types of support that may be offered:

- Physical activity and play
- Cooking
- Reading
- Arts & Crafts
- Performing Arts / Drama
- Science experiments



## **Booking and Contact Details**

To secure a place on any of the workshops, please use the link below to book your space:

### https://www.ticketsource.co.uk/manor-greencollege

If you have any specific questions in regard to the programme, please contact:

Mrs Laura Keaney, Assistant Headteacher lkeaney@mgcollege.co.uk

Mr Grahame Beattie, Assistant Headteacher gbeattie@mgcollege.co.uk

Or phone the College on 01293520351.