**Physical and Sensory**

**PE**

***Trampoline*** – Control, coordination, balance and following simple instructions

***Ball games –*** Hand/eye coordination

***Spring Nature Walking*** - in the community (National trust places)

***Swimming*** – Coordination and muscle tone.

Full body workout. Swimming uses all the muscles in the body.

**Therapies**

***Hydrotherapy therapy*** – Therapeutic input to reduce overall anxiety and stress

***Pet therapy*** - Individual sessions with Rocky the school therapy dog.

***Light and Sound therapy*** – Sensory exploration using lights and sound.

***Lego Therapy*** - Children work in teams of 3 to build a Lego model and each child has a particular role.

**Art**

Sensory Art based on spring.

**Gardening**

Students to learn a range of techniques to assist in preparing, planting and maintaining the crops on site i.e. soil testing, vegetable processing.

**Social and Emotional**

Lots of opportunities to ***socialise*** in class, across the college and in the community.

**PSHE**

***Emotions***

Supporting ***emotional wellbeing through the use of zones of regulation***.

Public/ Private – What students can and cannot do in public spaces.

**RE**

Exploring different religious events:

* Chinese New Year
* Lent
* Easter

**Communication and Interaction**

Employing a **Total Communication approach**

Active learning based on ***individual communication targets***.

***Social Use of Language Programme*** to encourage Following simple ***instructions***, Making simple ***requests and relaying information***.

***Attention Autism*** sessions to primarily teach students to focus, sustain and shift attention and to follow an adult agenda.

***Sensory stories*** teach students to respond in a variety of ways to what they see and hear. To enable students to express and communicate their ideas, thoughts and feelings through movement, vocal and non-vocal participation

Working with the ***SALT*** team on Individual student SALT targets.

**Cognition and Learning**

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**Functional Numeracy** (Individualised work)

***Number*** – Counting reliably to 20, Ordering numbers from 1-20.

Finding a total of two groups by counting all of the objects.

***Time*** – Telling the time to the nearest hour.

Ordering events (scheduling) Now and Next

Using ‘time’ words (first, next, then, after that, last of all)

***Money*** – Sequence coins in value order

Using everyday language to talk about money

Recognise that money is used to pay for items.

***Shape, space and Measure*** – measuring and weighing items during cooking.

**Reading**

“The thing about spring” by Daniel Kirk (Sensory story)

“A Squash and a Squeeze” by Julia Donaldson (Sensory Story) for a spring clear-out. Reading to for enjoyment.

**Geography**

Understanding the communities, we live in.

HS &

**Life skills**

**Cooking**

Sensory cooking with lots of opportunities to explore, feel, smell and taste the ingredients.

**Shopping**

Exploring all the necessary skills needed for a supported shopping trip

**Travel Training**

Go on a journey regularly using the college minibus

Use public transport (Bus) with support to travel locally.

**Puberty and Hygiene**

Working on individual personal care and hygiene targets

**QUEST/Community visits**

***Exploring*** the local community.

Following simple ***instructions***.

Making simple ***requests***.

Working on individual ***communication targets*** in the community.

Building on ***social skills***.

Using site words to find places in the community

Learn how to be safe in the community – Who to ask for help.

**Trips**

* Parks
* Garden centres
* Library
* National Trusts
* Cafes

5SM SPRING Term 2023

Spring has sprung