

Physical and Sensory

PE

Using different parts of the body and different forces to work on kicking and striking skills. Students will also work on coordination skills to connect with different objects, body parts and forces.

Therapies

Cycling - Using specialist bikes to access and enjoy cycling.

Rebound therapy - Working on individual Rebound targets on the trampoline.

Swimming/Hydrotherapy therapy - Working on individual Hydrotherapy targets in the pool.

Pet therapy - Individual sessions with Rocky the school therapy dog.

Light and Sound therapy - Sensory exploration using lights and sound.

Physiotherapy - Working on individual physio/mobility targets and working with physios and occupational therapists as required.

Cooking

Exploring mashing, stirring, peeling and chopping techniques. Lots of opportunities to explore using the 5 senses and work on hand eye coordination skills.

Art/sensory exploration

There will be lots of opportunities to the 5 senses including exploring, feeling, smelling, listening, looking, tasting and getting very messy. There will also be opportunities for practicing fine and gross motor skills.

Communication and Interaction

Working on personal communication targets.

Communicating and listening for purpose.

Following simple instructions.

Making simple requests.

Functional use of PECS.

Working with the SALT team as required.

Communicating through Intensive Interaction.

TACPAC - A sensory communication resource using touch and music.

3KL Autumn Term 2024 ABOUT ME & MY BODY

QUEST

Exploring the local community and the different seasons and celebrations this term.

Using and exploring with the 5 senses whilst in the local community.

Identifying and using the *PECS* of the half term in the community.

Following simple *instructions*.

Making simple *requests*.

Working on individual *communication targets* in the community.

Building on *social skills*.

Shopping

Matching items on shopping lists.

Exchanging money for goods or services.

Trips

- Parks/Gardens/National Trusts
- Shops/Garden centres
- Library
- Swimming/Leisure facilities
- Cafes
- Cinema
- Theatre

Social and Emotional

Lots of opportunities to socialise in class, across the college and in the community. Students have personalised timetables where they have opportunities to join peers in other classes across the college for art, music, PE, drama or community visits.

PSHE

Encouraging healthy lifestyles.

Exploring feelings and emotions using Zones of Regulation.

Working on individual personal care and hygiene targets.

Working towards individual independence targets.

Supporting emotional wellbeing.

Cognition and Learning

Numeracy

Using positional and action rhymes, songs and stories to learn about parts of the body.

Reading

First half term the sensory story will be **The Colour Monster** exploring different feelings and emotions.

Second half term the sensory story will be **The Human Body: A Sensory Adventure** going on a sensory journey around the body. Reading for enjoyment.

Listening to stories on the Tonie Box.

PECS of the half term (linked to My Body) - Face, Hand, Arm, Leg, Foot, Back.

Science

There will be lots of opportunities in **Sensology** to use 5 senses to feel, taste, smell, look and listen and the opportunity for communicating likes or dislikes.